

PEDIATRIC OPHTHALMOLOGY

Download Aditya Jyot- Eye Care App:



Follow us on:



adityaJyot

Eye Hospital Pvt. Ltd.

ISO 9001 : 2008

Plot No- 153, Road No- 9, Major Parmeshwaran Road, Wadala(West), Mumbai-400031, India
Tel: (+91 22) 2417 7600/65102690/24177602. Appointments: +91 9833500580;
24/7 Service No:-9920420066 Fax: (+91 22) 2417 7654. Surgery Coordinator: +91 9930267201
appointments@adityajyoteyehospital.org www.adityajyoteyehospital.org



National Accreditation Board
for Hospitals & Healthcare
Providers

Pediatric Ophthalmology

Deals with eye problems in children. Children may not complain if they do not see out of one or both eyes. Sometimes the only clue may be poor performance in school as well as viewing the blackboard at a very close distance. Hence all children need regular eye checkups at the time of starting school and right through their school years. Of the many eye problems in children, the most important are refractive errors, squint and amblyopia. Adult patients suffering from squint and double vision are also examined and treated effectively.



Why a separate pediatric ophthalmology clinic?

- Because the type of eye diseases that affect children are unlike those affecting adults and treatment methods required for children are also quite different. Moreover, eye specialists for children are distinctive and trained especially for their treatment
- Many times children don't complain if they have an eye problem as they don't understand and many times parents do not take their complaints seriously as they think that the child is complaining for attention seeking
- Many parents feel that an eye examination can't be done till the child learns to start reading
- But a pediatric ophthalmologist is trained to perform an objective examination of the child's eye and detect any eye problem or refractive error even without any input from the child



When should I take my child for an eye check up?

Ideally a routine examination should be performed by a pediatrician when the child is born and then at least two routine eye examinations should be performed by a Pediatric Ophthalmologist first, when the child is around 2-3 years and the again at the age of 5 years before the child starts formal school.



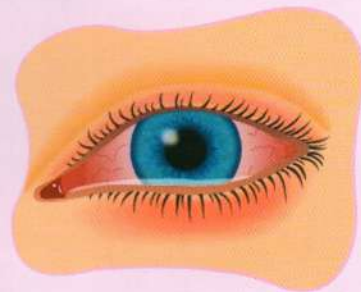
A child should go for an eye checkup if the following symptoms are noticeable:

- Crossed eyes
- Keeps object close to his eyes
- Not being able to see the blackboard at school
- Things looking blurred or funny
- Feeling an itching, burning or scratchy sensation in the eyes
- Injury to the eyes
- One or both the parents wear glasses



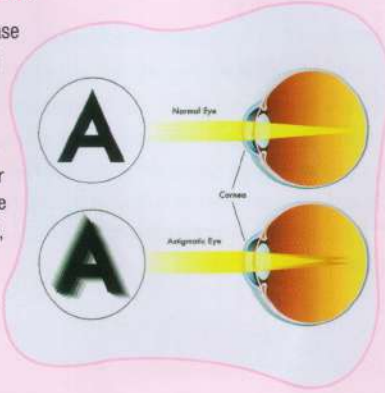
What are the common eye diseases in children?

- Refractive errors
- Lazy eye disease
- Eye injuries
- Squinting of eyes
- Watering from the eyes
- Eye allergies



What is lazy eye disease?

This is a common eye disease affecting nearly 5-10% of children. In this disease a child cannot see well from one or both eyes due to uncorrected refractive error or squint. Unfortunately, Lazy Eye Disease goes undetected as, children do not complain and parents do not realize it. Appropriate treatment at the correct time can restore good vision.



What do I do if the child's eyes go red?



Do not put any eye drop especially the ones with Steroids



Washing the eye with plenty of water will wash off any foreign body or allergic material



Consult a Pediatric Ophthalmologist as soon as possible if the redness persists or if the eye is sore

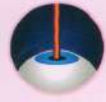
What are the treatment options for children who have refractive errors?



Wearing spectacles (glasses) is the most effective and safest treatment option in children



Contact Lenses can be prescribed in children after the age of 12-13 years when they can handle them well



Laser correction (LASIK) can be done after the age of 18 years once the power in eyes become constant



Special glasses and medicines like Atropine 0.01% are found to be effective in retarding the progression of myopia (near sightedness)



There are also methods to reduce hypermetropia (far sightedness) by supporting the process called emmetropization

How important is the parent's role in preparing the child for an eye exam?



Pay attention to your child's eyes and behavior



Call the doctor if you notice a problem or if your child complains and have your child's eyes checked after every 6 months. If your child has a refractive error, have a routine check up at least once a year till the age of 18.



Correcting vision problems early is the best way to control your child's sight



Unusual behavior can sometimes be a sign of an eye problem. Watch your child for the following warning signals:



Closing one eye or turning or tilting the head to see the things



Squinting to see things at a distance



Not being able to see things you point out



Consistently holding objects close to the face or sitting very close to the TV



Blinking or rubbing an eye a lot



Running into objects or falling down at night or in places that are not well lit

Aditya Jyot Eye Hospital

We have more than two decades of services with more than 100 years of combined experienced hands in eye care. We are one of the very few hospitals with all the specialties of eye care under one roof making cross consultation easy and seamless. All eye disorders including the most complicated ones are treated here with utmost precision & good success rate. AJEH has cutting-edge facilities both for basic and advanced diagnostic tests and surgeries. The hospital ensures best quality total eye care for all the patients and is one of the pioneers for introducing the latest technologies for eye care.

Our Services

- Retina Vitreous
- Cataract
- Cornea
- Uveitis
- Glaucoma
- Pediatric Ophthalmology
- Orbit & Oculoplasty Surgery
- Anti-Ageing Therapy & Cosmetic Treatments
- Squint Clinic
- Contact Lenses
- Ocular Prosthesis
- Low Vision Aids
- Eye Genetic
- Neuro-Ophthalmology
- Lasik & Refractive Surgery
- Sutureless Corneal Transplantation

24 X 7 Eye Care Services / Doctor on Call Home Visit / Emergency Service / Laboratory facilities for all types of Blood Test - Also we are providing home visit facility. Contact 022 - 24177601/02, 022-24177641.